PATIENT EDUCATION PACKET FOR TRANSTIBIAL AMPUTEES INCLUDING INSTRUCTIONAL DVD AND BOOKLET

Laura Catherine Sesto, M.A.

The University of Texas Southwestern Medical Center at Dallas, 2009

Supervising Professor: Kim Hoggatt Krumwiede, M.A.

Full PDF available after 12/1/2010

Keywords: transtibial amputee; prosthetics; patient education; multi-media learning; lower limb amputation

 The intent of this thesis project was to create a patient education packet that would be available to recent transtibial amputees; it was created to promote the proper care and cleaning of the prosthesis and to help give the patient a sense of confidence and independence. The packet consists of two elements, a DVD and a booklet. Both elements were divided into the following sections: In the Morning, During the Day, In the Evening, When to See Your Prosthetist, and Common Skin Issues. This organization was used in order to encourage the patient to develop a daily routine to consistently follow. The packets were distributed to and evaluated by patients of the University of Texas Southwestern Medical Center at Dallas Prosthetics-Orthotics Program. The packets were also evaluated by various clinicians who had experience working with amputees.